ILFORD DENTAL CENTRE

Care Plans

Your routine dental care in one simple monthly payment. Regular check-ups and hygiene visits, a discount on private treatment, and no surprise bills.

Essential

£19.95 a month

For healthy adults

- 2 check-ups a year
- 2 hygiene visits a year
- X-rays when your dentist advises
- 10% off private treatment

Saves £13 a year*

Gum Health Plus

£29.95 a month

For gum problems, or if you smoke

- 2 check-ups a year
- 4 hygiene visits a year, each with Airflow stain removal
- 10% off private treatment

Saves £105 a year*

Aligner Care

£24.95 a month

For Invisalign patients during treatment

- 2 check-ups a year
- A hygiene visit every 3 months, with Airflow
- Aligner fit check at each visit
- 10% off whitening and bonding
- Hygiene every 2 months: £32.95

About £45 a hygiene visit instead of £86*

Implant Care

£29.95 a month

For dental implant patients

- 2 check-ups a year
- An implant maintenance visit every 3 months
- A yearly x-ray of your implant

Saves £112 a year*

Retainer Care

£19.95 a month

After your Invisalign treatment

- 2 check-ups and 2 hygiene visits a year
- A yearly retainer check
- 25% off replacement retainers

NHS patient?

You can stay with the NHS for your check-ups

Scale and polish is available on the NHS when it is clinically needed. If you'd like more frequent hygiene during Invisalign, ask about **Aligner Hygiene at £16.95 a month**, which covers 4 hygiene visits a year.

Why join a care plan?

Healthier gums

Regular hygiene visits help prevent gum disease, which is a common reason teeth and implants are lost.

Protect your investment

Aligners and implants need clean, healthy gums. Seeing the hygienist every 3 months helps you keep your result.

Easy to budget

One monthly payment, collected by direct debit, so routine care never comes as a surprise.

How to join

1

Ask at reception, or your treatment coordinator at your next appointment.

2

We'll check which plan suits you and set up your direct debit with Tabeo.

3

Book your visits. We'll remind you when each one is due.

Good to know

- Payments are collected monthly by direct debit through Tabeo, our plan provider.
- You can cancel at any time with one month's notice.
- Visits not used within 12 months do not carry over.
- Plans cover the routine visits listed. Other treatment is charged at our private fees, less your member discount, and we'll always give you a cost first.
- Family members can join too. Ask about our family discount.

Questions?

Call us on **020 8478 1150**, ask at reception, or visit **ilforddental.com**.

*Savings are compared with our current private fees for the same visits: check-up £60, hygiene visit £66, Airflow stain removal £20, implant x-ray £7. Aligner Care: the monthly fee over a year, less the value of 2 check-ups, divided by 4 hygiene visits. Fees may change; we will tell you before any change to your plan.

Plans are for routine care and are not insurance. Esthetics Ltd trading as Ilford Dental Centre. Principal dentist: Dr Wulstan Abaleke, GDC 71014. Regulated by the General Dental Council.